



Luther Crest Environmental Program Overnight Trip - List of Things to Bring

Mild Season

Cold Season

Bedding: Sleeping Bag (in plastic bag)
Pillow (in plastic bag)

Toiletries: Hand towel, Bath towel & washcloth
Toothbrush & toothbrush
Soap, shampoo
Comb or brush
Sunglasses, sunscreen
Other personal hygiene items

Clothing:	Long-sleeved Shirt	Long Underwear
	Long Pants	Wool Socks (several pair)
	Sturdy Shoes	Winter Coat
	Rain Gear	Snowsuit or Snow Pants
	Extra Socks	Mittens, Hat, Scarf
	Jacket or Sweatshirt	Snow Boots

Dress appropriate for whatever the expected weather conditions might be. In the winter, students will not be allowed to participate if they are not wearing snow boots, a warm coat, mittens or gloves and a hat or something covering their ears.

Other:	Backpack	Optional:	Camera
	Pencil or Pen		Binoculars
	Paper or Notebook		Field Guides (e.g., Bird ID Book)
	Sunglasses & Sunscreen		Watch
	Water Bottle		Alarm Clock
	Flashlight		

Do Not Bring Any Time Valuable Articles (Jewelry, etc)
Knives or anything that could be used as a weapon
(not even a pocket knife)
Electronic Games or Radios, I-pods, I-pads, etc.
Gum, Candy or Pop (unless it is in your lunch)
Cell Phone

Luther Crest will not be responsible for any broken, lost or stolen personal or technological items, such as I-pod, I-pad, Kindle or Nook, Laptop, Notebooks, etc. that you brought for use on the bus.